

SANDIP SOPARRKAR'S BALLROOM STUDIO

GROUP I – (ELEMENTARY)

LATIN AMERICAN BALLROOM DANCES

<i>RUMBA</i>	<i>SAMBA</i>	<i>CHA CHA</i>	<i>JIVE</i>
2 3 4a1	1a2	2 3 cha cha 1	1 2 3a4 5a6
28 bpm	50 bpm	32 bpm	44 bpm
Rumba Alternative Basic	Samba Side	Cha Cha Cha Alternative Basic	Kick Ball Change
Stationary side Step	Criss Cross Bota Fogos	Tap Cha Cha	Flick Ball Change
Shadow	Whisk Turn Back	Shadow	Change of Place – Right
Rumba Walk - Forward	Straight Line Volta	Three Cha Cha - Forward	Change of Place – Left
Rumba Walk - Backward	Standing Walk	Three Cha Cha – Backward	Kick Flick Ball Change
Cucarachas	Shadow	There and Back	Change of Hand Behind Back
Fan	Travelling Bota Fogos	Fan	Stop & Go
Hockey Stick	Reverse Basic	Hockey Stick	American Spin
Under Arm Turn – Left	Under Arm Turn – Right	Under Arm Turn - Left	Hip Bump
Travelling Side Steps	Under Arm Turn - Left	Traveling Side Step	Under Arm Turn - Right / Left
Under Arm Turn – Right	Ronde Walk	Under Arm Turn - Right	Under Arm Turn - Left
Alemana Turn	Progressive Basic	Alemana Turn	Shoulder Shrove Link
Ronde Basic	-----	Ronde Basic	-----
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Class Routine	Class Routine	Class Routine	Class Routine

STANDARD BALLROOM DANCES

WALTZ	SOCIAL FOXTROT
1 2 3	S Q Q S
32 bpm	30 bpm
Natural Turns	Circular Chasse / Pivot
Choreography	Side Steps
Reverse Turn	Forward / Backward Sways
Class Combination	Right Turn
Revision With Partner	Left Turn
Solo Waltz	Double Walk
--	Revision With Partner to Popular Music