

SANDIP SOPARRKAR'S BALLROOM STUDIO

GROUP – II (INTERMEDIATE)

LATIN AMERICAN BALLROOM DANCES

<i>RUMBA</i>	<i>SAMBA</i>	<i>CHA CHA</i>	<i>JIVE</i>
2 3 4a1	1a2	2 3 cha cha 1	1 2 3a4 5a6
28 bpm	50 bpm	32 bpm	44 bpm
Left Spin	Circular Voltas	Left Spin	Fallaway Sways
Triple Alemana	Samba Sides	Triple Alemana	Twists
Half / Full Hip Twist	Samba Locks	Cha Cha Locks	Mooch 1
Modified Fan	--	Modified Fan	Mooch 2
--	--	Sparrow Turn	Lindy Cuddle
Modified Shadow	Modified Shadow	Modified Travelling Side Step	Modified American Spin
-----	--	Modified Shadow	Stop & Go Variation
Brush in Alemana	--	Brush in Alemana	--
Looping the Hockey Stick	--	Looping the Hockey Stick	--
New York	--	New York	--
Speed Change	Speed Change	Speed Change	Basic with Kick back
Class Routine by SSBS	Class Routine by SSBS	Class Routine by SSBS	Class Routine by SSBS
Student Routine	Student Routine	Student Routine	Student Routine

STANDARD BALLROOM DANCES

<i>WALTZ</i>	<i>SOCIAL FOXTROT</i>
1 2 3	S QQ S
32 bpm	30 bpm
Whisk	Forward Locks
Locks	Backward Locks
Corner Spin	Corner Spin
Revision	Revision
Brush in the corner spins turn	Speed changes all sets
Class Routine by SSBS	Class Routine by SSBS
Student Routine	Student Routine