

# SANDIP SOPARRKAR'S BALLROOM STUDIO

## GROUP III – ADVANCE

### *LATIN AMERICAN BALLROOM DANCES*

<i><b>RUMBA</b></i>	<i><b>SAMBA</b></i>	<i><b>CHA CHA</b></i>	<i><b>JIVE</b></i>
2 3 4a <b>1</b>	<b>1a2</b>	2 3 cha cha <b>1</b>	<b>1 2 3a4 5a6</b>
<b>28 bpm</b>	<b>50 bpm</b>	<b>32 bpm</b>	<b>44 bpm</b>
Open Hold Dance	Reverse Bota Fogos	Open Hold Dance	Chicken Step
Aida	Rolling of the Arms	New York with Spins	Broadway
New York with Spins	Overturn	Split Chasse	Kick & Flick Ball Change Both Legs
Natural Tops	Natural Turns	Natural Tops	Swivels
Paso a Paso	New York	New York Overspill	Jiggy Walk
Quick Hip Twist	Hip Twist	Hip Twist	8 Spins
--	Ribcage Action	Ribcage Action	--
Reverse Tops	Samba Runs	Reverse Tops	Spanish Arms
Loop	Korta Jaca	Loop	--
Modified Spins	--	Modified Spins	--
--	--	Knee Action	--
Class Routine by SSBS	Class Routine by SSBS	Class Routine by SSBS	Class Routine by SSBS
Student Routine	Student Routine	Student Routine	Student Routine

## *STANDARD BALLROOM DANCES*

<i>WALTZ</i>	<i>SOCIAL FOXTROT</i>
<b>1 2 3</b>	<b>S QQ S</b>
<b>32 bpm</b>	<b>30 bpm</b>
Backward Locks	Ballroom Introduction
Whisk to Chasse	--
Open Close Change	Quick Side Steps
Forward to Backward Lock Transition	Quick Forward Lock Steps
Whisk Wing Lock	Quick Backward Lock Step
Syncopated Chasse Sways	Promenade Locks
Class Routine by SSBS	Class Routine by SSBS
Student Routine	Student Routine