

SANDIP SOPARRKAR'S BALLROOM STUDIO

GROUP – IV (MEDAL LEVEL)

LATIN AMERICAN BALLROOM DANCES

<i>RUMBA</i>	<i>SAMBA</i>	<i>CHA CHA</i>	<i>JIVE</i>
2 3 4a1	1a2	2 3 cha cha 1	1 2 3a4 5a6
28 bpm	50 bpm	32 bpm	44 bpm
Turkish Towel	Travelling Samba Walk	Turkish Towel	Turkish Towel
Sweet Hearts	Half Circular Korta Jaca	Modified Travelling Sidestep (Grape Vine)	10 Spins
Side to Side	Simple Reverse Whisk	Kick Cha Cha (Two Variations)	Combination 1
	Samba Run with Cross Hand Hold	Cha Cha Turns (E)	Combination 2
Travelling Lunges	Hip Vibrations	Kick Cha Cha (Two More Variations)	12 Spins
Sliding Doors	Full Circular Korta Jaca	Cha Cha Kicks (E)	--
Three Threes (on 2 count turn)	Quick Reverse Whisk		--
--	Plate	--	--
	Cruzados Walks	----	
Molinito	Batucadas	Molinito	
--	Solo Samba Reverse Rolls	--	--

STANDARD BALLROOM DANCES

<i>WALTZ</i>	<i>SOCIAL FOXTROT</i>
1 2 3	S Q Q S
32 bpm	30bpm
Reverse Whisk into Lock	-----
Continuous Run (Man Forward & Lady Back)	Continuous Run (Man Forward & Lady Back)
Continuous Run (Lady Forward & Man Backward)	Continuous Run (Lady Forward & Man Backward)
Continuous Run Transition	Feather Step (both forward and back Transition)
Closed Impetus Turn	Speed Change