

# SANDIP SOPARRKAR'S BALLROOM STUDIO

## Cuban Salsa and Merengue

### GROUP II - INTERMEDIATE

<i>SALSA</i>	<i>MERENGUE</i>
<i>Tap 2 3 4</i>	<i>1 2 3 4</i>
<i>Loop</i>	<i>Half Copy Cat</i>
<i>Salsa Drop Right</i>	<i>Comb</i>
<i>Salsa Drop Left</i>	<i>Train</i>
<i>Spot turn out from Back Basic</i>	<i>Circular Windmill (both sides)</i>
<i>Fan out</i>	<i>Hip Twist</i>
<i>Hook turn for Man</i>	<i>Turkish Towel</i>
<i>Hook Turn For Ladies</i>	<i>Rolling of the Arms</i>
<i>4 Left Spins</i>	<i>Arm Lock Turn – Continuous</i>
<i>Double Spinout Through Arm Lock</i>	<i>Side to Side</i>
<i>Arm Lock Turn – Continuous</i>	<i>El Nudo (The Knot)</i>
<i>Side to Side</i>	<i>La Silla Giratoria (The Swivel Chair)</i>
<i>Reverse Eight Shape</i>	<i>Circular Routine</i>
<i>Double Reverse Turns (Double Alemana)</i>	
<i>Pachanga Cross Swivels</i>	
<i>New York to Side Step</i>	
<i>Paso a Paso</i>	
<i>Fan to Fan</i>	
<i>Hip Twists</i>	
<i>Turkish Towel</i>	
<i>Rolling of the Arms (back to back)</i>	
<i>Natural Tops Spins</i>	
<i>Manita a Mano</i>	
<i>Cuddle to Cuddle (Continuous)</i>	